



Tonight—Water Aerobics is Back!

One of our oft-requested (and most-missed over the last year) programs returns tonight with Candace Decker leading **Water Wellness!** For ages 16+, meet at the shallow end at the start of the six o'clock hour adult swim. Swimmers will gradually transition from the shallows to the deep end (using pool noodles for buoyancy) during this one-hour session. Join us Mondays and Wednesdays from 6:45–7:45 p.m.!

This Week at a Glance

Another busy week is in full swing at CSCSC, with [the pool calendar](#) [packed with fun events](#):

- Monday, June 21st at 6 p.m. – Volleyball serves up casual competitive fun until dark
- Monday, June 21st from 6:45–7:45 p.m. – Water Wellness aerobics
- Wednesday, June 23rd from 5–9 p.m. – Dolphin Dining at the Broadneck Grill – 10% of your dine-in or takeaway purchase at this popular Cape eatery will go directly to support equipment and events for our CSCSC Dolphins Swim Team. Call 410-757-0002 for deliciousness!
- Wednesday, June 23rd from 6:45–7:45 p.m. – Water Wellness aerobics
- Thursday, June 24th from 7–8 p.m. – Poolside Yoga – Free for members and guests (sponsored via normal entry Guest Credits). BYO mat, blanket, or towel and bug spray. Meet in the grassy area by the Swim Team chalet. Take advantage of this gentle practice with a certified instructor, suitable for all levels!
- Dolphins Swim Team practices and Swim Lessons are now taking place mornings before opening

Shoes Recommended When off the Pool Deck

Although our Rules and Regulations prohibit glass on the pool grounds and in the parking lot, keen-eyed members have alerted our lifeguards to some glass in the grassy areas on the premises. Your Board and our lifeguards have worked to remove any glass that has been located, but we encourage vigilance, and recommend everyone wear shoes or sandals when not on the pool deck.

Volunteers Needed – Join the CSCSC Board!

If you enjoy collaborating with others and want to enhance our club, facility, and programs for your family and other members, ***please consider running for the Board***. This year, we especially hope to have new volunteers elected with expertise in accounting and facilities management as we anticipate upcoming vacancies with current volunteers moving on.

[Please contact our nominating committee at info@capepool.com](mailto:info@capepool.com) if you are interested. You can learn more about Board elections and responsibilities in the [Bylaws](#) and [Rules and Regulations](#).

Reminder: Annual Meeting of the Club Set for Saturday, August 14th at 10 a.m.

Bondholders—plan for a member of your family to attend our Annual Meeting, which will be held under the pavilion prior to the club's opening. Your Board will present in-depth updates, your feedback and wishes for our club will be solicited, and you will elect your 2022 Board of Governors.

More information and proxy instructions will be distributed as the meeting date draws closer.

Cook up Some Fun on Our New Grill

Thanks to the Watson family, we were able to purchase a new grill at a deep discount for the club over the past weekend, replacing our aging gas grill with a shiny new one. The new grill has been placed in the pavilion area.

See You at the Pool!

We hope you and your family have a great week at CSCSC!

If you have any questions or concerns, please contact your Board at info@capepool.com.

—Your CSCSC Board



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